Kanta PHR (Personal Health Record)
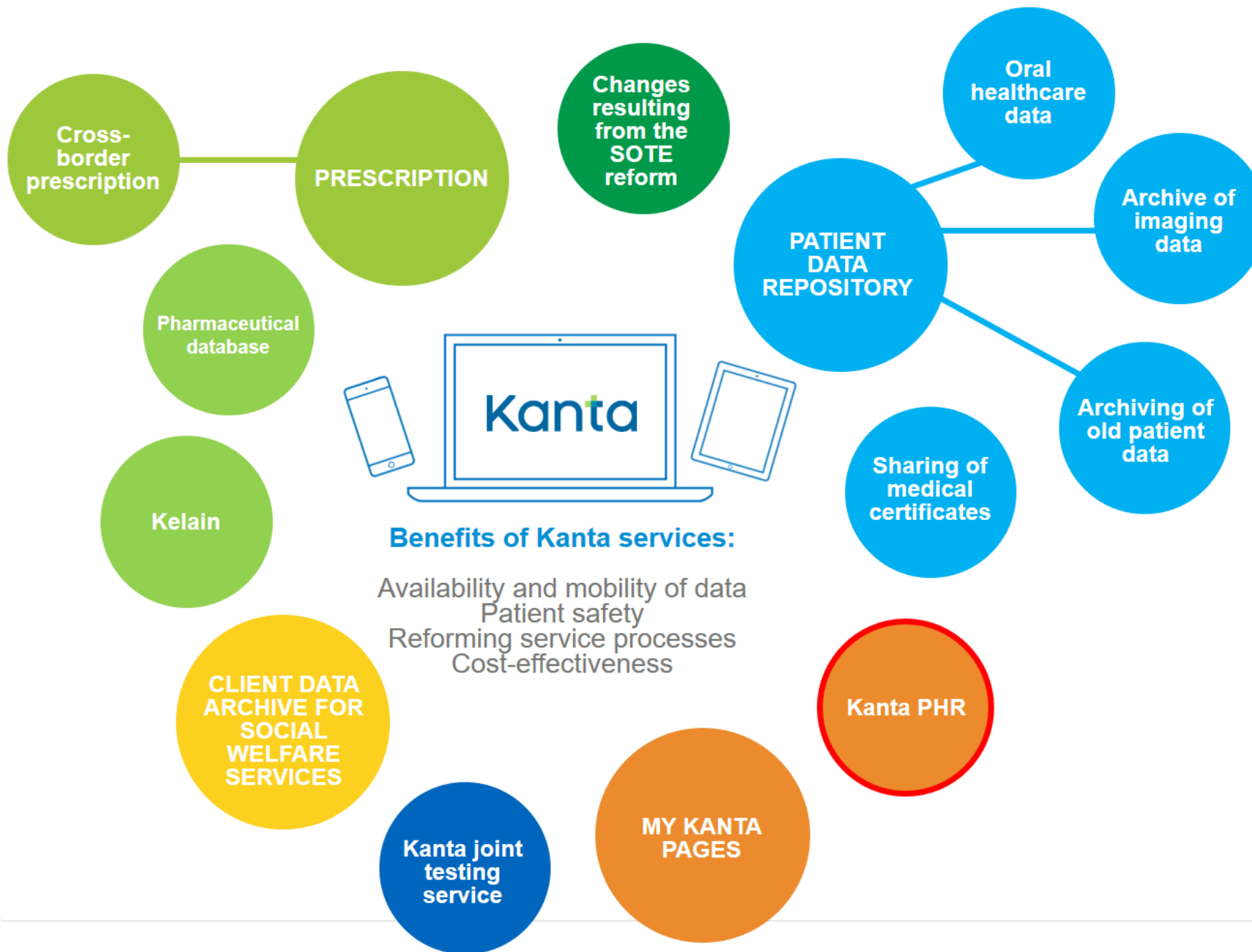
Record and manage your data with wellbeing applications

Kanta PHR (Personal Health Record) is part of the My Kanta Pages service where you can record your wellbeing data

In the future, you will be able to give your consent to share your data with social welfare and healthcare professionals to support medical care

Kanta

Cross-border prescription

PRESCRIPTION

Changes resulting from the SOTE reform

Oral healthcare data

Archive of imaging data

PATIENT DATA REPOSITORY

Archiving of old patient data

Pharmaceutical database

Sharing of medical certificates

Kelain

Benefits of Kanta services:

Availability and mobility of data
Patient safety
Reforming service processes
Cost-effectiveness

CLIENT DATA ARCHIVE FOR SOCIAL WELFARE SERVICES

Kanta PHR

Kanta joint testing service

MY KANTA PAGES

Kanta PHR

- Reliable national data repository for the citizen's own health and wellbeing data
- Use with wellbeing applications or in My Kanta Pages
- Persons have the right to decide on
  - recording and using their data
  - amending their data
  - deleting their data from Kanta PHR
- In the future, the Client Data Act will enable legislation whereby you can give your consent to sharing your wellbeing data with healthcare and social welfare professionals.

What kind of data

- The data that can be recorded includes
  - Measurements (e.g. blood pressure, blood glucose, calorie count and PEF)
  - Surveys (e.g. symptom assessments, health history forms and checkups)
  - Self-care plans
- National data content of the data repository
  - Open: anyone can propose what kind of data should be able to be saved in Kanta PHR
  - Based on the international HL7 FHIR standard

Wellbeing application

- Citizens can save and process their wellbeing data with applications, which can be used, e.g. on a computer with internet access or with mobile devices (smart phone, tablet)
- Made by any company / organisation / operator
- The application must be approved by the Kanta services
  - Approval criteria, demo, testing, information security audit and delivery terms
- A list of applications that have been approved for the use of Kanta PHR is available in Kanta PHR

Citizens interested in wellbeing

Start using an online or mobile app to record your personal health and wellbeing data.

Take measurements, make assessments, complete surveys and carry out checks to promote your self-care and to receive instructions for any personal needs for care or support.

Give your consent to viewing your data and sharing it with social and health care professionals at omakanta.fi

Browse the data you have recorded at omakanta.fi

Delete your data if you so wish, or cancel your consent to use your personal data at omakanta.fi

Monitor your own wellbeing.

Take an active part in your care and share your own data with the professionals.

Social welfare and healthcare professionals

Utilise the data saved by citizens in Kanta PHR.

Facilitate the organisation of operations and the direction of work.

Encourage self-care by involving your customers in cooperation with self-care apps and services.

Speed up routines and enable their advance preparation.

Enable measurements carried out and recorded by the customer themselves.

You can utilise the data saved in the Kanta PHR.

Kanta PHR enables new kinds of working methods.

Kanta

Developers of health and wellbeing applications 1/2

Visibility for your service. Kanta is a valued and recognised brand. Large number of users: over 3 million logins every month.

Data to serve as a base for your own service. Utilise the data recorded by citizens and social and healthcare professionals with a single integration.

The FHIR standard offers a new, flexible way to develop social welfare and healthcare data contents.

Continuity in the development process – a state-run service platform and nationwide support.

Developers of health and wellbeing applications 2/2

Learn about FHIR and Kanta PHR profiles and implementation guides.

Test your app in the open sandbox offered by Kela.

Bring new data contents for the national data content of Kanta PHR in accordance with the process, if necessary.

Ensure that your app meets the content and data security requirements of the service.

Apply for approval testing to ensure that your app is interoperable with Kanta PHR in accordance with the Client Data Act (class A certification).

How to integrate your app with Kanta PHR

More information on the Kanta PHR website

Thank you

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