

Introduction to MyKanta

– a guide for clients

Kanta





View your health data in MyKanta

MyKanta is a nationwide online service intended for clients to view their health data. Social welfare client data are also gradually being added to the service. In MyKanta, you can see the information that has been recorded about you in the Kanta Services, i.e. Kanta.

When you visit a public or private health care provider, a pharmacy, or a social welfare service provider, information about your visit is entered in Kanta. Social welfare and health care professionals record information about you when you visit a doctor or manage your social welfare affairs with your case worker, for example.

In MyKanta, you can also act on behalf of another person, such as your child or a loved one.

You can access MyKanta in your browser at kanta.fi or with the MyKanta application (available only in Finnish or Swedish). You can download the application to your phone or tablet from the app store.

In MyKanta, you can

- read records relating to your treatment
- request a prescription renewal
- check the results of laboratory tests and X-ray examinations
- access social welfare service data, which will be added to the service gradually
- save your living will and organ donation testament
- manage how your data are used in health care and social welfare.

Logging in to MyKanta

You can use MyKanta if you have a Finnish personal identity code and one of the following means of identification:

- online banking codes
- a mobile certificate
- an electronic ID card.

How to log in to MyKanta

1. Type **kanta.fi** in your browser's address bar.
2. On the kanta.fi page, click the button **Log in to MyKanta**.
3. You will be directed to the **Suomi.fi** service, which is a strong electronic identification method for public administration. You can now choose your preferred identification method, such as online banking codes or a mobile certificate.
4. Check the information and click **Continue to service** to go to MyKanta.
5. Always log out of **MyKanta** once you have finished using the service. Finally, clear your browsing history.



How information moves through Kanta

Social welfare and health care professionals enter and view data in their own information system. From there, the data are stored in Kanta as recorded by the professional. Clients can view and manage their data in MyKanta.



Social welfare and health care professionals enter and view data in their own information system. From there, the data is stored in Kanta.

If there is an error in the data displayed in MyKanta

If you notice that there are errors or omissions in your data, please contact the social welfare and health care services directly. For example, if you visited a health centre, the information must be rectified there. If, on the other hand, you visited a private clinic, contact the clinic directly.

You can determine how your data are used

The data stored in Kanta are processed in a reliable and secure manner. Your data can only be viewed and accessed by the health care or social welfare professionals who manage your affairs. The data are used when necessary in order to treat you and manage your affairs.

The professional attending to your care can also use Kanta to view information that has been recorded about you in other social welfare or healthcare organisations, such as in another wellbeing services county or a private clinic. The transfer of information from one professional to another ensures that you receive high-quality care and there is no need to repeat tests, for example.

You can determine the extent to which professionals can use your data. In MyKanta, you can give your consent to data sharing or set a denial of consent to data sharing. For example, you can deny consent to the sharing of data regarding a particular appointment.

With consent to data sharing, you can express your intent and allow the sharing of your data between the organisations attending to your care. This will mean that your data can be transferred between public and private health care providers, or between two different wellbeing services counties if you visit different service providers.

Acting on behalf of a child in MyKanta

A legal guardian may act in MyKanta on behalf of a minor in their care. MyKanta makes it easier to manage the affairs of a child.

The attending professional will assess whether the minor has the capacity to decide on their own care. A young person with decision-making capacity can choose whether their data are visible to their guardian in MyKanta. If a young person cannot decide on their treatment alone, the guardian can also view the details of the appointment, such as the doctor's entries and prescriptions written during the visit.



In MyKanta, you can act on behalf of a child

Acting on behalf of another person in MyKanta

A family member may act on behalf of another adult in MyKanta if they have a Suomi.fi authorisation granted for this purpose. Authorisation can also be granted by a person who does not use online services or have online banking codes. The authorisations required to use MyKanta are:

- managing matters related to health care
- managing matters related to social welfare services.

When acting on behalf of an adult, you can, e.g.

- request a prescription renewal
- view laboratory test results
- see the details of a health care appointment.
- view social welfare services data.



You can act on behalf of another person in MyKanta

Where can I find more information?

- kanta.fi
- social welfare and health care professionals and pharmacies.

Download the MyKanta application

In the MyKanta application, you can see your prescriptions and request their renewal.

You can also subscribe to a notification, when your prescription has been renewed.

It's easy to log in to the app.

We will add functionalities to the application gradually.



The Kanta Services are maintained by Kela. Kela develops the Kanta Services together with the Finnish Institute for Health and Welfare and the Ministry of Social Affairs and Health.

MyKanta is part of the national Kanta Services and clients' view of health care and social welfare data.