

Service description for application supplier

Kanta PHR

Kela, Kanta Services

12.2.2024

Change history

Version	Change	Made by	Date
1.0	First version of the Kanta PHR service description for application suppliers	Kela, Kanta Services	12.2.2019
1.1	Sections concerning application used as an integration service and data-transmitting application have been added to section 2.1	Kela, Kanta Services	13.2.2020
2.0	Changes by virtue of the Client Data Act	Kela, Kanta Services	1.11.2021
2.1	Addition of storage of wellbeing data in MyKanta	Kela, Kanta Services	12.2.2024

Contents

Change history	1
1 Introduction.....	3
2 Description of the service	3
2.1 Wellbeing applications	3
3 Using the service.....	4
3.1 Use of the service in MyKanta	5
4 Contents of the service for application suppliers	5
5 Deployment of the service.....	6
6 Responsibilities and obligations	6
7 Terminating the use of the service	7
8 Contact details.....	7

1 Introduction

This service description concerns wellbeing application suppliers approved as users of the Kanta PHR service.

The service description for citizens using Kanta PHR (hereinafter the “user”) is published in [the wellbeing data](#) of the kanta.fi website.

2 Description of the service

Kanta Personal Health Record (hereinafter Kanta PHR) is part of the Kanta services. The register controller of the Kanta PHR is the Social Insurance Institution of Finland (hereinafter Kela).

The Kanta PHR is a national data repository in which citizens can enter their own wellbeing data. Wellbeing data means the user’s measurement, lifestyle and activity data that is directly or indirectly linked to their wellbeing and health promotion. The entered data may include, e.g. the results of blood pressure and blood glucose measurements, symptom assessments, health check-ups and self-care plans. The objective of the Kanta PHR is to increase the citizens’ interest in promoting their own health and wellbeing and to speed up care processes.

The Kanta PHR is used with MyKanta and with wellbeing applications provided by third parties (hereinafter the Application Supplier) and approved in accordance with the Client Data Act. The wellbeing applications must meet the legal criteria and pass the certification process in accordance with law. [A list of the applications](#) available for using the Kanta PHR is maintained by the Kanta services on the kanta.fi website.

2.1 Wellbeing applications

A wellbeing application is a tool for entering and processing the user’s wellbeing data in Kanta PHR. The application may be, for example,

- an app used on a mobile device (smartphone, tablet),
- a server-based application used on a computer (e.g. symptom evaluation survey), which is completed in the web browser,

- a measurement device, e.g. blood glucose or activity meter, from which the data can be transferred into the Kanta PHR, e.g. with the wellbeing application provided by the equipment supplier,
- an integration service that gathers and saves wellbeing data from other linked devices and/or applications into Kanta PHR.
- a data-transmitting application that transmits data from Kanta PHR to linked devices and/or applications.
- another web-based software, service or computer program.

The wellbeing applications are very different from each other. One application may only enter data in Kanta PHR whereas another one may also process the data in Kanta PHR with the user's consent. Processing of wellbeing data means, for example, that the application retrieves the user's blood glucose data from the Kanta PHR and gives recommendations to the user on the basis of the data.

The user deploys the wellbeing application in accordance with the instructions provided by the application supplier. The application has its own terms of use and Kanta PHR has its own [Notification informing users about wellbeing data stored in Kanta Services](#).

The Kanta Services are not responsible for the wellbeing applications approved for Kanta PHR, for their functionalities or maintenance or for the accuracy of the data gathered by them. Provisions on the approval of wellbeing applications for their purpose of use are laid down in sections 11 and 12 of the Client Data Act.

3 Using the service

The Kanta PHR is used with wellbeing applications as well as MyKanta. The user takes the Kanta PHR into use by granting the wellbeing application a user right to enter the user's personal wellbeing data in the Kanta PHR and to process the data in the Kanta PHR. At the same time, the user accepts [the Notification informing users about wellbeing data stored in Kanta Services](#).

The user may use the Kanta PHR with MyKanta and as many wellbeing applications approved for the Kanta services as they wish. An up-to-date [list of the applications](#) accepted for using the Kanta PHR is available on the kanta.fi website. All data entered in the Kanta PHR by the user can be utilised by all the applications to which the user has granted user rights. In the deployment stage, the application will indicate the kinds of rights it will need in order to function properly.

The permission granted by the user separately to each app is valid until further notice. If the user does not regularly use a certain app for accessing the Kanta PHR, the user will be requested to grant permission to this app again, usually after one year or, depending on the app, after a longer period. When an app is used on a regular basis, its permission will remain in force and will not be verified.

The user may stop using the Kanta PHR at any time. The user may remove the user rights they have granted to the wellbeing application and all the wellbeing data they have already entered in the Kanta PHR either via the application or MyKanta. With respect to the removed data, the log data related to the use of data will remain in the system. The log data will be retained for 12 years from the formation of the log data, after which the data will be destroyed.

When using the application for the first time, the user will log in with strong authentication (Suomi.fi identification). After that, the application is used without strong authentication.

The functionalities of the wellbeing application and the data to be entered depend on the application and its features. The user is personally responsible for entering their data in the Kanta PHR and for the contents, use and removal of the wellbeing data they have entered in the service.

The criteria for processing personal data are described in [the privacy policies](#), which are available on kanta.fi website.

3.1 Use of the service in MyKanta The user can also store, browse and delete their wellbeing data in the Kanta PHR using MyKanta. In MyKanta, the data is available under the Wellbeing data heading. The data is shown to the user in the language it has been entered in. In MyKanta, the user can also see all the applications they have given access rights to in the Kanta PHR and removed any access rights they have given, if they so wish.

4 Contents of the service for application suppliers

For application suppliers, the service includes:

- open national data content based on the FHIR standard in order to implement wellbeing applications that use the Kanta PHR. The national data content is published in

the simplifier.net service. The data content can be expanded in the way described on the kanta.fi website.

- Sandbox environments for independent testing of the wellbeing application
- joint testing and deployment of wellbeing applications
- option of using the Kanta PHR and MyKanta client testing environments as part of the joint testing of wellbeing applications
- Support of Kanta Services when having new data contents approved, in the certification process for wellbeing applications, and in production use
- data repository maintained by the Kanta Services for citizens' wellbeing data produced by wellbeing applications
- the possibility of utilising data entered in the service as a basis for developing wellbeing applications implemented by the application supplier.

5 Deployment of the service

The application supplier must have the applications approved in accordance with the certification process. The process is described on the kanta.fi website in the section "[Linking an application with the Kanta PHR](#)".

After certification, the application supplier must sign a commitment and accept the terms of supply of the service and the terms of use in accordance with this service description before the wellbeing application can be integrated with the Kanta PHR production environment and published in the Kanta PHR application list on the kanta.fi website.

More detailed descriptions for the deployment of different operators are available on the kanta.fi website.

6 Responsibilities and obligations

The rights, responsibilities and obligations of the application supplier and Kela are described in the separate document "Terms of supply for application suppliers".

The service description for citizens using the service and information concerning the use of Kanta PHR are separate from the service description for application suppliers and the terms of supply.

7 Terminating the use of the service

The application supplier may terminate their commitment and end the use of the service by submitting a notice of termination to Kela one (1) month in advance. Kela may provide separate instructions on procedures related to terminating the use of the service.

The termination of the use of the application supplier's service defined in this service description will not have an impact on the data entered in Kanta PHR nor on its availability. The entered wellbeing data will remain in the service until the user has deleted it themselves. In accordance with the Client Data Act, Kela will delete the data five years after the person's death if the person has not deleted the data themselves. The retention time of log data is 12 years from the creation of log data, after which the data will be destroyed.

8 Contact details

Support service during production: tekninentuki@kela.fi, tel. +358 20 63 47787.